

# October

2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						01
02	03	04	05	06	07	08
		<b>Nachos</b> Black Beans Corn chips Peaches	<b>Maxx Sticks</b> Marinara Broccoli Pears	<b>Cheesy Alfredo</b> Steamed Carrots Garlic Bread Stick Strawberries	<b>Hamburger</b> Waffle Fries Burger Toppings Apple Sauce	
09	10	11	12	13	14	15
		<b>Orange Chickens or Strips</b> Rice Peas Mandarin Oranges	<b>Pizza</b> Marinara Broccoli Fruit Cocktail	<b>Meatball Sub</b> Green Beans Chips Apple Crunch Day	<b>Chicken Smackers</b> Tortilla Mixed Veg Pears	
16	17	18	19	20	21	22
	<b>Burrito Bowl</b> Tortilla Cilantro Lime Rice Black Beans/Corn Hot Apple Slices	<b>Scalloped Potatoes &amp; Ham</b> Fresh Baked Dinner Roll Green Beans Berry cups				
23	24	25	26	27	28	29
		<b>Hot Dogs</b> Baked Beans Chips Apple Slices	<b>French Bread Pizza</b> Marinara Broccoli Pears	<b>Chicken Parmesean</b> Garlic Toast Mixed Veg Peaches	<b>Hot Ham &amp; Cheese</b> Roasted Potatoes Green Beans Grapes	
30	31					

\* Variety of milk is offered with lunch each day